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# QLD

STATE SHOWDOWN  
18-19 JULY

LOGAN METRO SPORTS CENTRE  
~~ASIA PACIFIC GRAND INTERNATIONALS~~  
SCHOLASTIC CUP CHAMPIONSHIPS  
14-15-16 AUGUST

LOGAN METRO SPORTS CENTRE  
~~CHALLENGE OF THE CHAMPIONS~~  
15-16 AUGUST @ APGI  
LOGAN METRO SPORTS CENTRE

~~HIP HOP KNOCKOUT~~  
13 SEPTEMBER  
PARK RIDGE STATE HIGH SCHOOL

~~SPIRIT CHALLENGE~~  
STUNT CHALLENGE  
7-8 NOVEMBER  
LOGAN METRO SPORTS CENTRE

# NSW

DANCE CHALLENGE  
26 JULY  
PACIFIC HILLS CHRISTIAN  
SCHOOL

~~STATE SHOWDOWN~~  
4-5 SEPTEMBER  
NETBALL CENTRAL SYDNEY  
OLYMPIC PARK

~~HIP HOP KNOCKOUT~~  
20 SEPTEMBER  
PACIFIC HILLS CHRISTIAN  
SCHOOL

~~DCE NATIONALS~~  
14-15 NOVEMBER  
NETBALL CENTRAL  
SYDNEY OLYMPIC PARK

# TAS

STATE SHOWDOWN  
1 NOVEMBER  
KINGBOROUGH SPORTS CENTRE

# VIC

DANCE CHALLENGE  
2 AUGUST  
STATE BASKETBALL CENTRE

**DCE2020**  
**EVENT**  
**DATES**



# 2020 ENTRY FEES

## STATE SHOWDOWN

**\$55**

ROUTINE 1

**\$15** ROUTINE 2

**\$15** ROUTINE 3

**\$15** ROUTINE 4

## SPIRIT CHALLENGE

**\$55**

ROUTINE 1

**\$15** ROUTINE 2

**\$15** ROUTINE 3

**\$15** ROUTINE 4

## DANCE CHALLENGE

**\$55**

ROUTINE 1

**\$5** ROUTINE 2

**\$5** ROUTINE 3

**\$5** ROUTINE 4

## HIP HOP KNOCKOUT

**\$50**

CAPPED PRICE

## SOLO/DUO GS/PS

**\$25**

Per Specialty Item

## SCHOLASTIC RATES

**\$45**

ROUTINE 1

**\$10** ROUTINE 2

**\$10** ROUTINE 3

**\$10** ROUTINE 4

## ASIA PACIFIC GRAND

**\$55**

ROUTINE 1

**\$15** ROUTINE 2

**\$15** ROUTINE 3

**\$15** ROUTINE 4

## DCE NATIONALS

**\$72**

ROUTINE 1

**\$15** ROUTINE 2

**\$15** ROUTINE 3

**\$15** ROUTINE 4

PER EVENT  
**ADD \$6**  
OR JOIN OUR  
ATHLETE CLUB  
SEE PAGE 21



# EVENT REGISTRATION

01

## STEP ONE

*Make sure you are entering on time . Entries are due no later than **6 weeks** prior to the event.*

02

## STEP TWO

Head to [www.danceandcheerevents.com/registration](http://www.danceandcheerevents.com/registration) then click the "ENTER" button on our website.

03

## STEP THREE

*Register your gym/studio and then follow the instructions to input your athletes list and enter your teams*

04

## STEP FOUR

*Ensure your entry fees are paid on time. You will receive an invoice shortly after submitting your entries. All Fees are to be paid **6 weeks** prior to the event.*

**Teams will only be classed as entered and be placed on the run sheet when all of the below have been completed:**

- 1. You have registered your Gym/Studio online.**
- 2. You have completed your athletes list.**
- 3. Your Gym/Studio Owner and Coaches Info is complete.**
- 4. Entry Fees have been paid in full.**



# DCE COACHES

DCE TAKES THE SAFETY OF ATHLETES AND COACHES SERIOUSLY AND WANTS TO ENSURE EACH ONE OF OUR EVENTS PROVIDES A SAFE ENVIRONMENT FOR EVERYONE INVOLVED. CHEERLEADING AND DANCE ARE VERY SPECIALISED INDUSTRIES. THEREFORE, IN THE INTEREST OF PARTICIPANT SAFETY, DCE WILL REQUIRE ALL COACHES THAT ARE ACCOMPANYING TEAMS IN THE WARM-UP AREA, AS WELL AS THE COMPETITION FLOOR, TO BE QUALIFIED TO THE APPROPRIATE LEVEL FOR THAT TEAM. DCE RECOGNISES COACH CREDENTIALING FROM IASF/USASF AND THE COACH EDUCATION FRAMEWORK FOR CHEERLEADING FROM GYMNASTICS AUSTRALIA.

## REQUIREMENTS

COACHES WILL RECEIVE A DCE COACHES PASS AT THE FIRST COMPETITION THEY ATTEND AND THEY WILL BE valid for the entire 2020 season. IT WILL BE THE RESPONSIBILITY OF THE COACHES/OWNERS TO LOOK AFTER AND BRING THEIR DCE COACHES PASS TO EACH OF OUR EVENTS. IF YOU MISPLACE YOUR DCE COACHES PASS OR NEED TO UPDATE YOUR INFORMATION DURING THE SEASON YOU WILL NEED TO EMAIL [INFO@DANCEANDCHEEREVENTS.COM.AU](mailto:INFO@DANCEANDCHEEREVENTS.COM.AU) PRIOR TO THE NEXT DCE EVENT YOU ATTEND.

IN ORDER TO BE ISSUED WITH YOUR CREDENTIALS THE BELOW IS REQUIRED:

1. ALL COACHES MUST BE LISTED ON THE GYM/STUDIOS OFFICIAL DCE COACHES LIST
2. ALL COACHES MUST PROVIDE A VALID BLUE CARD/WORKING WITH CHILDREN NUMBER.
3. PROVIDE YOUR IASF/USASF CREDENTIALING NUMBER AND CURRENT LEVEL THEY ARE CREDENTIALLED TO.
4. PROVIDE A COPY OF YOUR PHOTO I.D (DRIVERS LICENSE, PASSPORT ETC)

## TEAM CHECK IN

WHEN CHECKING YOUR TEAM INTO WARM UP A DCE STAFF MEMBER WILL CHECK YOUR DCE COACHES PASS. EVERY CHEER TEAM IS REQUIRED TO BE ACCOMPANIED BY AT LEAST 1 IASF/USASF QUALIFIED COACH THAT IS CREDENTIALLED TO THE LEVEL THE TEAM IS COMPETING AT.

## OWNERS

OWNERS WILL BE PERMITTED TO ACCOMPANY THEIR TEAMS IN THE WARM UP/BACK STAGE AREA. IN ORDER TO RECEIVE THEIR CREDENTIALS THEY WILL BE REQUIRED TO PROVIDE A VALID BLUE CARD/WORKING WITH CHILDREN NUMBER AND A FORM OF PHOTO I.D

# EVENT CONDUCT

1

Any questions or concerns that affect a team's performance or experience must be communicated by the coach to the Event Directors (Coralie ) immediately.

2

Participants, coaches and spectators are prohibited from making contact with the Judges during the competition at all times. Deductions will be given for each offence.

3

Judges rulings are final.

4

Any unruly, aggressive or belligerent behaviour by participants, coaches or spectators towards any other attendee or DCE Event Staff may result in a potential deduction, team disqualification, and removal from the event, and/or barred participation from future DCE events.

5

Athletes will not cause a delay in competition proceedings by excessive boasting celebration, unsportsmanlike conduct, or other negative behaviour.

6

The athletes have 20 seconds to clear the area before the next team is called on. All team traditions or rituals must take place in the warm-up or marshalling areas, NOT on the competition floor.

7

Teams will incur a 5 point unsportsmanlike behaviour deduction for displaying negative behaviour, actions or any other form of poor conduct during a competition.

## SOLICITATION

NO OUTSIDE VENDOR, COMPANY OR PROGRAM MAY IN ANY WAY SOLICIT INFORMATION AT ANY DCE SANCTIONED EVENT WITHOUT THE EXPRESS WRITTEN CONSENT BY DCE. ALL MATERIALS WILL BE IMMEDIATELY REMOVED FROM THE VENUE AND ALL ACTIVE PERSONNEL WILL BE BARRED FROM THE REMAINDER OF THE 2019 EVENTS. IF THERE IS A DIRECT CONNECTION TO A TEAM THAT IS COMPETING AT THE EVENT, THE TEAM RISKS BEING DISQUALIFIED.

## RECRUITING

NO PROGRAM, CLUB OR INDIVIDUAL MAY IN ANY WAY PARTICIPATE IN THE ACTIVE RECRUITMENT OF ATHLETES AT DCE EVENTS. THIS IS ABSOLUTELY UNACCEPTABLE BEHAVIOUR AND WILL NOT BE TOLERATED BY DCE EVENT STAFF. PLEASE REPORT ANY SUCH ACTIVITIES TO THE EVENT DIRECTORS IMMEDIATELY.



PLEASE NOTE: CAMERAS WITH A ZOOM LENS ARE NOT PERMITTED AT ANY DCE EVENTS

# EVENT INFORMATION

## IN CASE OF INJURY

If the injury occurs during a performance: The Coach, Head Judge or Event Director are the only people that may stop the competition in the event an injury occurs. If the injury occurs outside the performance area: Please contact the onsite medical staff immediately to attend to the situation. Any DCE Event Staff will be able to assist in notifying the appropriate personnel in this situation.

Any athlete that displays signs of an injury during or at the completion of a routine will be treated as such immediately.

## MUSIC

All coaches and/or programs are responsible for supplying and playing of the teams' music. When possible please ensure you are purchasing high quality tracks for your routines. No CDs/USB will be accepted in 2020 please ensure your music is on a smart phone, iPod/iPad or laptop. All must be placed in flight mode and have the cases removed. If an error occurs during playback due to an equipment malfunction, the coach must make an immediate decision to either continue the routine or stop it. If the routine is stopped, the team will be allowed to perform the routine again at a later time, and will only be judged from the point of interruption.

## CHEER

Routine performance time may not exceed 2:30 (point deduction will start at 2:31). Timing will begin with the first movement, voice, or note of music whichever comes first. Timing will end with the last movement, last voice, or note of music whichever comes last. IN 2020 All Star Prep Routine performance time may not exceed 2:30 (point deduction will start at 2:31).

## DANCE

Each team will have a minimum of 1:45 to a maximum of 2:15 to demonstrate style and expertise. Timing will begin with the first choreographed movement or note of the music. Timing will end with the last choreographed movement or note of music, whichever happens last. Routine performance time may not exceed 2:15 (point deduction will start at 2:16). In 2020 All Star Prep Routine performance time may not exceed 2:15 (point deduction will start at 2:16).



# EVENT INFORMATION

## SPECTATORS

Door sales will be available. Spectator will receive a wristband to note their ability to be within the venue at any given time. No spectators (including parents) are permitted in the warm up/backstage areas under any circumstances. Each individual must have their own wristband.

## ATHLETES

Each participant will receive a wristband to note their ability to be within the venue at any given time. Each individual must have their own wristband in order to be permitted in the warm up/backstage area. DCE will be checking wrist bands as athletes check into warm up.

## DISPUTES

We understand the excitement and passion that everyone experiences during a competition. We also understand that mistakes can happen. While we do our best as event staff and judges to offer a flawless event experience, here are the ways you can handle issues or situations that may arise:

1. Contact the Event Director/s immediately. They are usually located near the judges or music area. Please wait for any performance to finish before approaching.
2. State your concern in a professional manner and your reason for the concern.
3. The Event Director/s will investigate any valid concerns with all appropriately involved parties.
4. If after discussion the protest party wish to take the protest further they must put in writing an official protest by the end of competition day.
5. A decision will be made within 3 business days. DCE is constantly striving to improve. We want everyone to leave each event with a positive attitude and wonderful memories.

## VIDEOS AND PHOTOS

VPA Media will be the official event photographer/videographer for our 2020 Events. After the event all clubs will receive a special email from VPA. By following the link in the email, your club will be able to access all your content from the event, you will be able to download the files direct to your computers quicker than ever before!!! This will be available within a week or two of the event. DCE reserves the right to use any images from the event in any publication or promotion.

Publicity and Endorsements: All parties that enter a DCE Events, or the venue where the event is held, give their express permission for Dance and Cheer Events Pty Ltd to utilise any and all photographs or video gathered during that time for publicity, endorsements, social media and website updates for DCE.

# CHEER INFORMATION

## CROSSTOVERS

DCE is acutely aware of the need for crossovers in smaller programs, injuries and illnesses so we allow crossovers with reasonable restrictions:

- Athletes will not be allowed to cross over more than 2 levels up or below your highest registered level in Cheer. Example: Level 5 can only cross to Level 3 maximum
- Athletes cannot compete for multiple All Star clubs/programs. Athletes can cross between Scholastic and All Star and may do Dance at one club and Cheer at another.

DCE will not change the running order of a competition just to accommodate crossovers. Clubs therefore need to be mindful when allowing crossovers. DCE will not pause or stall the event for a crossover. The run order will not be changed to allow warm up times for athletes with crossovers on the day.

The above rulings are ONLY for team events.

## GROUP/PARTNER STUNT

Only TWO partner and group stunts per level per club in each age division are allowed to be entered. You are welcome to enter different groups at different events however the maximum number will apply at all events. There are to be NO crossovers between levels in group and partner stunts without written permission from DCE. If it is granted only a single person can crossover; an entire group/partner stunt cannot compete in two levels-this will result in instant disqualification of both entries.

Example: Athlete A bases in group 1 and flies in group 2 with no other crossovers this is legal

Example: Athlete A bases athlete B in a partner stunt level 2 and again in level 3 not legal

Example: Athlete A flies on athlete B, C, D in level 2; Athlete E flies on athlete B,C,D level 3 not legal

Please Note DCE uses it's own Group Stunt and Partner Stunt Rubric a copy of this can be found on our website [danceandcheerevents.com/competitions](http://danceandcheerevents.com/competitions)

# CHEER INFORMATION

## SOLO/DUO

Cheer Solos and Duos have no level restrictions, only age divisions. This means that all tumble skills need to be choreographed to the same level. The highest level tumble pass will determine the level of the entire skill set demonstrated. All levels will compete against each other, technique determines winner not level of tumble demonstrated; therefore utilise your strongest/cleanest level rather than trying to throw a single higher level skill. The divisions will be broken into age categories to keep a level playing field.

Each club can only enter 4 Cheer Solos and 3 Cheer duos per age division per club. The same competitor cannot compete more than once in any age group. Both Solos and Duos are now one minute duration only.

Age Divisions for Cheer solo and duo:

Tiny - 6yrs and under

Mini - 7-9yrs

Youth - 10-12yrs

Junior - 13-15yrs

Senior/Open - Combined -16 and over

## CATEGORIES

All Cheer categories must follow the appropriate USASF/IASF Guidelines.

**Cheer 2minutes 30second Minimum 5 members** - A routine that combines stunting, jumps, tumbling, dance, pyramids and motions to highlight the team's strengths.

**University Cheer 2minutes 30seconds Minimum 5 members** - MUST include a 30 second Chant/Cheer section that should focus on leading the audience to participate in the cheer. Routine that includes a combines stunting, jumps, tumbling, dance, pyramids and motions to highlight the team's strengths

**Group Stunt 1 minute - 3-5 members, Max 2 males per group** - This routine focuses purely on stunt. All other aspects (including baskets and pyramids) are not on the scorecard.

**Partner Stunt 1 minute** - This routine focuses purely on stunts performed with excellent technique and in a safe manner. Execute as many skills as safely possible with creative mounts/dismounts and transitions.

**Cheer Duo/Solo 1 minute** - A display of skills that should include motions, jumps, tumbling and dance.



# CHEER AGE GRID

		AGE	AG/COED COMBINED	TEAM SIZE
TINY	LEVELS OFFERED 1	6yrs and under	Combined	5 - 30
MINI	LEVELS OFFERED 1,2	5 - 8yrs	Combined	5 - 30
YOUTH	LEVELS OFFERED 1,2,3,4,5R	6 - 12yrs	Combined	5 - 30
JUNIOR	LEVELS OFFERED 1,2,3,4,5,6	8 - 15yrs	Combined	5 - 30
SENIOR	LEVELS OFFERED 1,2,4.2,3,4,5R,5	11 - 18yrs	Combined	5 - 30
	LEVELS OFFERED 6	13 - 18yrs	AG or COED	5 - 30
OPEN	LEVELS OFFERED 1,2,4.2	14yrs and above	Combined	5 - 30
	LEVELS OFFERED 3,4,5R,5	14yrs and above	AG or COED	5 - 30

# GET YOUR DANCE ON

## DANCE CHALLENGE

Dance Challenge is a dance only event offering divisions in all age groups in Jazz, Lyrical/Contemp, Pom and Hip Hop teams \$55 per Athlete for 1 Routine add only \$5 per each extra routine. Also on offer are Solos (1min Limit) and Duos (90sec Limit)

NSW

27TH JULY

Pacific Hills  
Christian School

VIC

2ND AUGUST

State Basketball Centre

## HIP HOP KNOCKOUT

At the Hip Hop Knockout, Crews compete for the Grand Champion title and the solos/duos/trios have Knock Out Rounds to see who takes out the top prizes in each age category, this is so much fun for everyone. We will supply the music for the knock out rounds they get a number on the day and compete together all on the floor whilst family and friends cheer on their favourite numbers.

All knockout rounds are 60seconds long.

All of this for \$50 per dancer!

HHKO is for ALL crews! time limit of 5min and teams must register their routine length for runsheet purposes.

NSW

20TH SEPTEMBER

Pacific Hills  
Christian School

QLD

13TH SEPTEMBER

Park Ridge  
State High School

## AT ALL EVENTS

GREAT LOW ENTRY FEES

FREE VIDEO OF ROUTINES

PLAYBACK OF ROUTINE

BIDS TO DCE EVENTS

TRANSPARENT FAIR JUDGING

MEDALS FOR 1ST/2ND/3RD

TEAM BANNER FOR 1ST/2ND/3RD

4TH/5TH PLACE INDIVIDUAL BANNER

BEAUTIFUL BANNERS

SPECIALTY AWARDS

BIG GRAND CHAMPION BANNER

FRIENDLY AND HELPFUL STAFF

GREAT VIBES

# CHEER AGE GRID

IASF  
JUNIOR

LEVELS OFFERED  
**1,2,3**

AGE

10 - 16yrs

AG/COED  
COMBINED

Combined

TEAM SIZE

16 - 30

LEVELS OFFERED  
**4,5R,5**

10 - 16yrs

AG or COED

16 - 30

IASF  
SENIOR

LEVELS OFFERED  
**1,2**

14 - 18yrs

Combined

16 - 30

LEVELS OFFERED  
**3,4,5R,5,6,7**

14 - 18yrs

AG or COED

16 - 30

IASF  
OPEN

LEVELS OFFERED  
**3**

14yrs and above

Combined

16 - 24

LEVELS OFFERED  
**4,5,6,7**

14yrs and above

AG or COED

16 - 24

## NON - TUMBLING

LEVELS

AGE

AG/COED  
COMBINED

TEAM SIZE

YOUTH

2,3,4,5

8 - 12YRS

COMBINED

16 - 30

JUNIOR

2,3,4,5

10 - 16YRS

COMBINED

16 - 30

SENIOR

1,2,3,4,5

14 - 18YRS

COMBINED

16 - 30

OPEN

1,2,3,4,5

14YRS & OLDER

COED OR AG

16 - 30

## INTERNATIONAL

LEVELS

AGE

AG/COED  
COMBINED

TEAM SIZE

OPEN

5,6,7

14 YEARS &  
OLDER

AG

5 - 24

OPEN SMALL

5,6,7

14 YEARS &  
OLDER

1 - 4 MALES

5 - 24

OPEN LARGE

5,6,7

14 YEARS &  
OLDER

5 - 12 MALES

5 - 24



# DANCE INFORMATION

## CROSSTOVERS

DCE is acutely aware of the need for crossovers in smaller programs, due to injuries or illnesses so we allow crossovers with reasonable restrictions:

- Athletes cannot compete for multiple All Star clubs/programs. Athletes can cross between Scholastic and All Star and may do Dance at one club and Cheer at another.

DCE will not change the running order of a competition just to accommodate crossovers. Clubs therefore need to be mindful when allowing crossovers. DCE will not pause or stall the event for a crossover. The run order will not be changed to allow warm up times for athletes with crossovers on the day.

The above rulings are ONLY for team events.

## SOLO/DUO

Dance Solos and Duos are no longer split by genre. Note that genre may not be split on run sheet but ages will. For example Athlete A cannot compete a junior solo hip hop and a junior solo jazz as they may compete against themselves which is against the rules. Therefore if you wish to enter a junior hip hop solo and a junior jazz solo it will need to be by two different athletes. This also applies for duos; each athlete can only compete one duo per age group. Where possible ages will be split into genre at discretion of DCE. **To enter solo/duo section only studios entering 3 or more teams are permitted to enter solo/duos.**

The same competitor cannot compete more than once in any age group. i.e. the same athlete cannot compete in junior jazz and junior lyrical. One dance per athlete in solos. One dance per athlete in duos.

Pom will ONLY be offered as a Duo or Team in 2020, no Pom solos.

Age Divisions for Dance solo and duo:

Tiny - 6yrs and under

Mini - 7-9yrs

Youth - 10-12yrs

Junior - 13-15yrs

Senior/Open - Combined -16 and over

Each Gym/Studio can only enter 4 Dance Solos and 3 Dance Duo Per Age Group

# DANCE INFORMATION

## CATEGORIES

All Dance categories must follow the appropriate USASF/IASF Guidelines.

**Contemporary/Lyrical 2minutes:15sec (minimum1:45)**

**Minimum 4 members**

These styles have been combined to align with the USASF Allstar Dance Categories. Contemporary/Lyrical- is an expressive style of dance that focuses on classic technique. This style also encompasses the expansion and contraction of movement as well as linking the emotions of the dancer with that of the music.

**Hip Hop 2minutes:15sec (minimum1:45)**

**Minimum 4 members**

Routines can incorporate street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation.

**Pom 2minutes:15sec (minimum1:45)**

**Minimum 4 members**

Poms must be used 80% of the routine. Important characteristics of a pom routine include strong pom technique: clean/precise and sharp motions, synchronisation and visual effect, and may incorporate tricks (i.e. leaps/turns, pom passes, jump sequences, kick lines etc). Visual effect includes level changes, group work, formation changes, the use of different colour poms, etc.

**Jazz 2minutes:15sec (minimum1:45)**

**Minimum 4 members**

A jazz routine incorporates stylised dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity. This style is generally set to energetic music and has an upbeat feel. Incorporate a wide variety of technical elements for a well-rounded routine.

**Dance Duos (Max 1:30sec) and Solos (Max1:00min)**

These can be performed in any of the above styles (with the exception of Pom which can only be performed as a duo). Please see above guidelines for an explanation of styles. Also refer to the page on Solos and Duos for explanation of who can enter.

# DANCE AGE GRID

DIVISIONS	AGE	TEAM SIZE
TINY	6 AND UNDER	4 - 30
MINI	9 AND UNDER	4 - 30
YOUTH	12 AND UNDER	4 - 30
JUNIOR	15 AND UNDER	4 - 30
SENIOR	18 AND UNDER	4 - 30
OPEN	14 AND OLDER	5 - 30

		DIVISIONS	AGE	TEAM SIZE
2	HIP HOP	TINY	6 AND UNDER	4 - 30
		MINI	9 AND UNDER	4 - 30
		YOUTH	12 AND UNDER	4 - 30
		JUNIOR	15 AND UNDER	4 - 30
		SENIOR	18 AND UNDER	4 - 30
		OPEN	14 AND OLDER	5 - 30

DIVISIONS	AGE	TEAM SIZE
TINY	6 AND UNDER	4 - 30
MINI	9 AND UNDER	4 - 30
YOUTH	12 AND UNDER	4 - 30
JUNIOR	15 AND UNDER	4 - 30
SENIOR	18 AND UNDER	4 - 30
OPEN	14 AND OLDER	5 - 30

		DIVISIONS	AGE	TEAM SIZE
4	LYRICAL CONTEMP	TINY	6 AND UNDER	4 - 30
		MINI	9 AND UNDER	4 - 30
		YOUTH	12 AND UNDER	4 - 30
		JUNIOR	15 AND UNDER	4 - 30
		SENIOR	18 AND UNDER	4 - 30
		OPEN	14 AND OLDER	5 - 30

All participants must be the appropriate age during the year of competition. 31st December 2020 shall be used as the reference point for an athlete's age. Please note that only in the World Bid Division, an athlete may be a year younger because of when the Australian season is in relation to Worlds. The athlete would be the appropriate age by the time they compete the following year.



# SCHOLASTIC AGE GRID

## PRIMARY

LEVELS

AGE

AG/COED  
COMBINED

TEAM SIZE

PREP

1

5-7YEARS

COMBINED

5 - 30

MINI

1,2

6-8YEARS

COMBINED

5 - 30

YOUTH

1,2,3

9-12YEARS

COMBINED

5 - 30

## HIGH SCHOOL

LEVELS

AGE

AG/COED  
COMBINED

TEAM SIZE

SENIOR

1,2,3

12-18YEARS

COMBINED

5 - 30

SCHOLASTIC DIVISIONS WILL BE SPLIT INTO SMALL (5-15) AND LARGE (16-30)  
ONLY WHEN THERE IS ENOUGH FOR 3 SMALL AND 3 LARGE TEAMS  
OTHERWISE THEY WILL REMAIN COMBINED

**NEW**



SCHOLASTIC CUP CHAMPIONSHIPS  
AT APGI 15TH - 16TH AUGUST  
LOGAN METRO SPORTS CENTRE

# GUIDELINES

## CHEER TEAMS

Athletes with non-full top uniforms *MUST* wear a t-shirt or other suitable cover up over their uniforms unless they are in the warm-up area, travelling as a group directly to or from the warm up area, or on the performance stage.

## UNIFORM

This applies to Cheer teams *ONLY* and does not affect dance team, solo and duo. This policy directly affects all Tiny, Mini, Youth and Junior teams, Uniform tops may not include an exposed midriff (crop top) except when worn by athletes competing in Senior/Open aged divisions. Teams that do not adhere to the policy will be subject to a safety infraction.

## CHOREOGRAPHY

All facets of a performance/routine, including both choreography and music selection, should be appropriate and suitable for family viewing and listening. Examples of inappropriate choreography may include, but not limited to, movements such as hip thrusting, twerking, inappropriate touching, gestures, hand/arm signals, slapping, positioning of body parts. Themes of suicide/murder may not be appropriate to a family audience-please consider when deciding on choreography the vision you are portraying.

## MUSIC

Music or words unsuitable for family listening, which includes, but is not limited to: swearwords and connotations of any type of sexual act or behaviour, drugs, explicit mention of specific parts of the body/torso, and/or violent acts or behaviour are other examples of inappropriate choreography. Removing improper language or words from a song and replacing with sound effects or other words (including 'clean' versions may still constitute 'inappropriate')

## MAKEUP

Make up should be uniform and appropriate for both the performance and age of the athlete. Face/eyelid rhinestones are not allowed. False eyelashes are allowed but may not be decorated in rhinestones or additional jewellery.

# GUIDELINES

## CHEER JEWELLERY

Jewellery of any kind, including but not limited to, ear, nose, tongue, belly button and facial rings, clear plastic jewellery, bracelets, necklaces and pins on uniforms is not allowed. Jewellery must be removed and may not be taped over. Exception: medical ID tags/bracelets.

## DANCE JEWELLERY

Jewellery as part of a costume is allowed

## MEDICAL SUPPORT

Supports, braces and soft casts which are unaltered from the manufacturer's original design/production do not require any additional padding. Supports/braces and soft casts that have been altered from the manufacturer's original design/production must be padded with a closed-cell, slow recovery foam padding no less than one half inch thick if the participant is involved in stunts, pyramids or tosses. A participant wearing a plaster cast or walking boot must not be involved in stunts, pyramids, tumbling or tosses.

## BOWS

Bows should not be excessive in size (acceptable bows are generally no more than 3" in width) and shouldn't be a distraction to the performance. Bows should be worn in a manner to minimise risk for the participants, should be adequately secured and should not fall over the forehead into the participants' eyes or block the view of the participant while performing.



# ALL STAR PREP

PLEASE NOTE ALL TINY TEAMS ARE AUTOMATICALLY PREP IN BOTH DANCE AND CHEER

ALL STAR PREP IS AN ENTRY LEVEL DIVISION THAT IS OFFERED AS AN INTRODUCTION TO ALL-STAR CHEER AND DANCE AND IS INTENDED TO HELP GYM OWNERS BUILD THEIR PROGRAM, CREATE REVENUE, AND GROW THE INDUSTRY AS A WHOLE. THE TYPICAL ALL-STAR PREP PROGRAM WILL PROVIDE AN OPPORTUNITY FOR THE INCOMING ATHLETE TO BE INTRODUCED TO AND EXPERIENCE ALL-STAR WITH LIMITED COMMITMENT AND EXPOSURE.

ALL-STAR PREP IS NOT A DIVISION FOR TEAMS THAT REPRESENT A SCHOOL- THOSE TEAMS NEED TO BE ENTERED UNDER SCHOLASTIC. PREP TEAMS ARE NOT IN THE RUNNING FOR GRAND CHAMPIONS IN LEVEL, DANCE STYLE OR OVERALL. PREP WILL NOT BE COMBINED WITH ALL STAR EVEN IF NUMBERS ARE LOW IN THEIR ENTRY CATEGORY.

## DANCE

PREP DANCE: 2:15 MINUTES

PREP JAZZ, PREP POM, AND PREP HIP HOP  
(TEAM ONLY)

15 YEARS AND UNDER ONLY

MINIMUM 4 MEMBERS

THE PREP CATEGORY IS OFFERED FOR EMERGING TEAMS AND DANCERS TO PREPARE THEM FOR CATEGORY SPECIFIC RULES. A DANCER MAY NOT COMPETE IN A NON-PREP CATEGORY AND A PREP CATEGORY WITHIN THE SAME STYLE. THE USASF DANCE PREP RULES MUST BE FOLLOWED IN THIS CATEGORY.

## CHEER

PREP CHEER: 2:30 MINUTES

MINIMUM 5 MEMBERS

PLEASE FOLLOW THE USASF PREP RULES OTHER THAN NO BASKETS THERE ARE NO OTHER SKILL RESTRICTIONS IN PLACE.

CROSSOVERS ARE ONLY PERMITTED BETWEEN ALL STAR LEVEL 1 AND PREP.

THERE ARE NO COED SPLITS IN PREP.

AGE DIVISIONS:

TINY LEVEL 1

MINI PREP LEVEL 1

YOUTH PREP LEVEL 1

JUNIOR PREP LEVEL 1

SENIOR PREP LEVEL 1

# DCE ATHLETES CLUB

DCE Athletes Club is great value for 2020!!

The DCE Athletes Club provides athletes not only with their insurance for the 2020 season but also gives them access to exclusive discounts on merchandise and other special offers only for our athlete club members.

The DCE Athletes Club also give each of its members a chance at each of our events to win one of our event prize packs, which includes an Event Shirt and Bow and a chance to win our major prize, free entry to one of our events.

DCE Athletes Club Membership is \$15 and is Due by the 1st of April 2020. Non-Member will be charged an extra \$6 for insurance per event

Our Athlete Club registration forms can be found at  
[www.danceandcheerevents.com/athletesclub](http://www.danceandcheerevents.com/athletesclub)

## STEP 01

Go to our website then click the Athletes Club tab

## STEP 02

Download and complete the Athletes Club Form

## STEP 03

Pay membership fee of \$15 per athlete before 5pm 1st of April 2020

## STEP 04

Sit back and enjoy all your perks and savings!!

# BIDS ON OFFER

**DCE IS EXCITED TO BE OFFERING THE  
FOLLOWING BIDS IN 2020**

**DCE PARTIAL PAID BIDS TO BE AWARDED  
AT ALL DCE EVENTS THESE BIDS ARE  
VAILD FOR 12 MONTHS**

**JAMZ NATIONALS - AT LARGE/PARTIAL  
PAID BIDS TO BE AWARDED AT APCI, DCE  
NATIONALS & DANCE CHALLENGE**

**IASF/USASF WORLDS BID - AT  
LARGE/PARTIAL PAID TO BE AWARDED  
AT APCI**



**14TH - 15TH OF AUGUST  
LOGAN METRO SPORTS CENTRE**

**CHALLENGE OF  
THE CHAMPIONS**  
IS A BID ONLY EVENT AND  
WILL TAKE PLACE AT APCI  
2020. TO QUALIFY FOR THIS  
PRESTIGIOUS EVENT TEAMS  
MUST HAVE WON HIGHEST  
SCORING IN THEIR  
DIVISION AT ANY OTHER DCE  
EVENT FROM APCI 2019  
AND APCI 2020



# QUESTIONS

Still have a question or are you unsure about some of the information in our DCE 2020 Event Handbook? Our friendly staff are always here to help answer any questions you might have. If you are unsure of who to contact with your question please email it to [coralie@danceandcheerevents.com.au](mailto:coralie@danceandcheerevents.com.au)

## CORALIE BYRNES

BUSINESS OWNER  
EVENT COORDINATOR  
DANCE DIRECTOR  
PHONE: 0412 457 232  
EMAIL: [CORALIE@DANCEANDCHEEREVENTS.COM.AU](mailto:coralie@danceandcheerevents.com.au)



DANCEANDCHEEREVENTS

## DAN DUNN

PRODUCTION MANAGER  
CHEER DIRECTOR  
EMAIL: [DAN@DANCEANDCHEEREVENTS.COM.AU](mailto:dan@danceandcheerevents.com.au)



DANCEANDCHEEREVENTS

## INFO

ACCOUNTS  
INVOICING  
COMPETITION ENTRIES  
EMAIL: [INFO@DANCEANDCHEEREVENTS.COM.AU](mailto:info@danceandcheerevents.com.au)



0412 457 232

# TERMS AND CONDITIONS

- Teams will only be accepted into the competition upon receipt of correct paperwork and full payment no later than 6 weeks before an event occurring.
- No adjustments will be made to entry payments once received.
- Refunds (less 20%) will only be given for medical reasons for a specific athlete once applicable documentation has been received, prior to the event start date. Full team refunds will not be given due to an injured athlete. Teams are advised to rework routines, if athletes are unable to compete. Refunds will also not be given for change of mind, athletes other activities, scheduling, parents who haven't paid etc.....
- Events may occur at any time on the listed dates and teams need to be available to compete at any time.
- All DCE and IASF/USASF rules should be checked prior to entering into the competition and it is the coaches' responsibility to ensure that team numbers are correct and athletes are entered into their correct age categories.
- Team numbers, jewellery and other safety requirements will be checked prior to a team taking the floor. Any infractions found may lead to disqualification or deduction occurring.
- Athletes and teams may be filmed by DCE social photographers for DVD and photo productions and promotional use.
- Teams and supporters must display appropriate behaviour, positive attitudes and good sportsmanship.
- Solicitation of coaches or athletes is not permitted.
- Music must be brought by the team coach on the day of the competition via smart phone/device and spare copies of music will also need to be available.

## NO CDS

- Entries will only be accepted when ALL paperwork has been completed and received.
- Entries will only be added to the runsheet once full payment has been recieved

**ENTRIES ACCPETED AFTER THE DUE DATE WILL INCUR A \$10 LATE FEE FOR EACH ROUTINE THEY ARE ENTERING**

**BY ENTERING ANY OF OUR DCE EVENTS YOU ARE HEREBY  
AGREEING TO AND ACCEPT ALL TERMS AND CONDITIONS  
LAID OUT IN OUR 2020 INFORMATION PACK.**