



POM TECHNIQUE SCORE SHEET

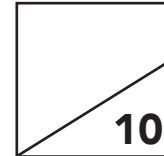
TEAM:

DIVISION: Junior Senior Open **ITEM #:**

MASTERY OF POM MOVEMENT

Strength/Control/Placement/Alignment

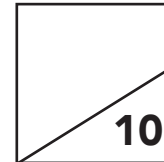
Correct execution of pom technique: maintained upper body tension and control, static execution of motions, flexibility, strength and stability.



EXECUTION OF ELEMENTS

Turns/Leaps/Lifts etc

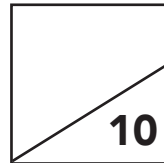
Demonstration of correct skill technique and fundamentals such as stability, elevation, and correct entry/landing.



GROUP EXECUTION

Uniformity/Synchronization/Cohesiveness

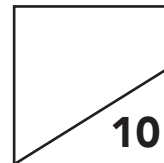
Ability of team as a unit to exhibit clear and uniform shapes, and to dance as one in unison with music.



SPACING

Spatial Awareness in Formations/Transitions

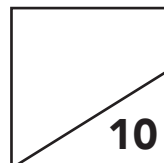
Groups ability to gauge even distances from one another, and maintain clarity across all formations, visuals and transitions.



COMMUNICATION

Projection/Emotion/Impact

Dancers' ability to engage audience, to project confidence and use genuine emotion to enhance the mood/impression or story of the routine.



TOTAL

